

COOKING INSTRUCTIONS FOR
field-fare Kitchen READY MEALS

Chicken, Leek & Mushroom Pie

Fisherman's Pie

Steak & Ale Pie

Beef Lasagne

Macaroni Cheese

Chicken Tikka Masala

Sausage & Onion Casserole

Pork Dijonnaise

Mashed Potato

Dauphinoise Potatoes

Oven cook from frozen:

Pre-heat oven to 180°C/350°F/Gas mark 4 (fan assisted oven 160°C)

Remove cardboard sleeve and remove film lid.

Place on baking tray and cook in oven for approximately 50-55 minutes.

If unfrozen, reduce cooking time to 30-35 minutes

Ensure product is piping hot before serving.

The following can also be microwaved:

Macaroni Cheese

Chicken Tikka Masala

Sausage & Onion Casserole

Pork Dijonnaise

Mashed Potato

Dauphinoise Potatoes

Microwave from frozen:

Remove cardboard sleeve and pierce film lid several times

Cook on full power as guidance below:

650w (Category B)

Cook for 4 minutes, partially peel back film and stir, replace film, cook for 3 minutes, stir. Cook for 1 minute, stir and serve. Product must be piping hot.

850w (Category B)

Cook for 3 minutes, partially peel back film and stir, replace film, cook for 2 minutes, stir. Cook for 1 minute, stir and serve. Product must be piping hot.

If product is defrosted, reduce cooking time by 2 minutes.

Caution: Steam may be released when removing film lid.